

2017 WYOMING OFF-SEASON TRAINING SCHEDULE
3/6/17-7/13/17

March 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 3:30-5 pm Boys and Girls together	7	8 3:30-5 pm Boys and Girls together	9	10 3:30-5 pm Boys and Girls together	11
12	13 3:30-5 pm Boys and Girls together	14	15 3:30-5 pm Boys and Girls together	16	17 3:30-5 pm Boys and Girls together	18
19	20 3:30-5 pm Boys and Girls together	21	22 3:30-5 pm Boys and Girls together	23	24 3:30-5 pm Boys and Girls together	25
26	27	28	29	30	31	
April 2017						
						1
2	3 3:30-5 pm Boys and Girls together	4	5 3:30-5 pm Boys and Girls together	6	7 3:30-5 pm Boys and Girls together	8
9	10 3:30-5 pm Boys and Girls together	11	12 3:30-5 pm Boys and Girls together	13	14 3:30-5 pm Boys and Girls together	15
16	17 3:30-5 pm Boys and Girls together	18	19 3:30-5 pm Boys and Girls together	20	21 3:30-5 pm Boys and Girls together	22

23	24 3:30-5 pm Boys and Girls together	25	26 3:30-5 pm Boys and Girls together	27	28 3:30-5 pm Boys and Girls together	29
30						
Feb-Mar 2017	Printfree.com Printable Calendars					Apr-May 2017

May 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 1.5 Total Hours Boys and Girls together	16	17 1.5 Total Hours Boys and Girls together	18	19 1.5 Total Hours Boys and Girls together	20
21	22 1.5 Total Hours Boys and Girls together	23	24 1.5 Total Hours Boys and Girls together	25	26 1.5 Total Hours Boys and Girls together	27
28	29 MEMORIAL DAY	30	31			
June 2017						
				1	2	3
4	5 Boys 8-10 am Girls 10-11:30 am	6 Boys 9-10 am Hancock will run this workout	7 Boys 8-10 am Girls 10-11:30 am	8 Boys 8-10 am Girls 10-11:30 am	9	10

11	12 Boys 8-10 am Girls 10-11:30 am	13 Boys 9-10 am Hancock will run this workout	14 Boys 8-10 am Girls 10-11:30 am	15 Boys 8-10 am Girls 10-11:30 am	16	17
18	19 Boys 8-10 am Girls 10-11:30 am	20 Boys 9-10 am Hancock will run this workout	21 Boys 8-10 am Girls 10-11:30 am	22 Boys 8-10 am Girls 10-11:30 am	23	24
25	26 Boys 8-10 am Girls 10-11:30 am	27 Boys 9-10 am Hancock will run this workout	28 Boys 8-10 am Girls 10-11:30 am	29 Boys 8-10 am Girls 10-11:30 am	30	
Apr-May 2017	Printfree.com Printable Calendars					Jun-Jul 2017

July 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Boys 8-10 am Girls 10-11:30 am	4 Boys 9-10 am Hancock will run this workout	5 Boys 8-10 am Girls 10-11:30 am	6 Boys 8-10 am Girls 10-11:30 am	7	8
9	10 Boys 8-10 am Girls 10-11:30 am	11 Boys 9-10 am Hancock will run this workout	12 Boys 8-10 am Girls 10-11:30 am	13 Boys 8-10 am Girls 10-11:30 am	14	15
16	17	18	19	20	21	22

23	24	25	26	27	28	29
30	31					
August 2017						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
Jun-Jul 2017	Printfree.com Printable Calendars					Aug-Sep 2017