

# Eastern Cincinnati High School Football Combine

When: Saturday, May 16th(Approximate start time - 8:00 a.m.)

Where: Milford High School

Who: Rising Juniors - Class of 2017 & Rising Seniors - Class of 2016

Cost: \$10.00 (Payment is due upon arrival please do not mail prior to the event.)

Combine Events: 40-yard Dash, Pro Shuttle, L-Drill, and Standing Broad Jump

Participants should preregister via email to [elkin\\_s@milfordschools.org](mailto:elkin_s@milfordschools.org) by sending: name, graduation year, ACT/SAT score(s), GPA, class rank, position(s), high school, and head coach.

Onsite registration will take place from 7:00 a.m. to 8:00 a.m. During this time money will be collected and each participant's height and weight will be measured.

After the combine events plan to compete on 4-man teams pushing weighted sleds, flipping tires, and participating in a timed quarter mile weighted run. Teams will be selected by the participants.

Contact Nick Ayers at ([nickrayers@gmail.com](mailto:nickrayers@gmail.com)) or Shane Elkin at ([elkin\\_s@milfordschools.org](mailto:elkin_s@milfordschools.org))

**AT THE END OF THE DAY, HOW WILL YOU BE REMEMBERED? WIN IT!**