

# BOYS SOCCER

## 6<sup>th</sup> – 11<sup>th</sup> Grades

All middle & high school players are invited to stay fit & improve their skills

## JUNE/JULY OPEN FIELDS

Optional prior to summer tryouts, but new & returning players are encouraged to attend

### Mon, Tue, Wed, & Thu

### 6:00 – 8:00pm

### PHS Turf / Field House Grass

## TRYOUTS

### August 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup>

### 6:00 – 8:00pm

Fitness tests: Beep/Pacer Test, 2-Mile, Pushups, Plank

Skill/Personality: Dribbling, Passing, Trapping, Defending, Shooting, Juggling;

Respect, Work-Rate, Confidence

## Want Updates?

Provide us with your email and cell number by going to <https://goo.gl/5LFAsX>