

NUMBER:	JUDGE:	TEAM REC:
SKILL POINT VALUE	NOTES	POINTS AWARDED
Best Tumbling 15		
Toe Touch 5		
Pike 5		
Execution Of Jumps 5		
Cheer 15		
Chant 15		
Dance 10		
Incorp/Sync 10		
Spirit 10		
Overall Performance 10		
Total 100		

TUMBLING BREAK DOWN:

Forward roll: 1	
Cartwheel: 2	Series with BHS: up to 11 points
Roundoff: 3	Series with Tuck: up to 13 points
Front Handspring: 4	Series with Layout: up to 15 points
Back Handspring: 8	(series = 3 or more consecutive skills following the roundoff)
Back Tuck: 10	

Spirit: Smiling, energetic, vocalizing team spirit

Incorp/Sync: with your group, with timing of cheers, chants and dance.
Appropriateness of incorporations, dance

Overall Performance: fits the part of UCA cheerleading guidelines as presented during the clinic. Performed material and showed potential for growth through knowledge of routines taught. Tight, popping motions and correct placement throughout routines...