Summer Princeton Wrestling Schedule 2017-2018

Open to all 6th-12th grades. This is for the wrestler who really wants to improve for next year.

<u>Summer Weightlifting</u> - every **Monday, Wednesday and Thursday** from **9-10:30am** in the High school weight room.

Weightlifting will begin - June 5th

<u>Summer Open Mats</u> - Every **Tuesday & Thursday from 6:00-7:30pm** in the High school wrestling room.

Summer Open Mats will begin - June 6th

<u>Wrestling Camp</u> - Ryle High School -**July 10-12 - Cost \$100** Ask about the flyer with the information.

