

OAK HILLS 2016 WINTER SOFTBALL CLINICS

Jackie Cornelius-Bedel and her staff are conducting the 9th annual Winter Softball Clinics. These clinics have been attended in the past by hundreds of players from all over the Cincinnati area. Whether you are looking for the additional instruction to help you become a stronger player or are working on skills to make the team next spring, this is the perfect way to get the extra training needed to take your game to the next level!

Clinics are open to all Cincinnati area girls. Coaches and family members are always welcome to watch. Sign up today and see why Jackie and her staff are THE choice of players and coaches for softball training!

Sun, Feb 7, WINTER SKILLS CLINICS -- OFFENSE

Sun, Feb 14, WINTER SKILLS CLINICS – DEFENSE

Grades 1-5: 9:00-11:30 each day, Grades 6-12: 12:30-3:00 each day

Players of all skill levels will benefit from these clinics. We work in small groups based on ability, with a low instructor to student ratio and multiple station rotation that ensures each player receives the best quality instruction available in the area. Offensive sessions work on hitting, slapping, bunting, base running. Defensive sessions include drills for both infield and outfield positions. Pitching and catching drills are also available.

Sat, Feb 13, 2:00-4:00 – Advanced High School Clinic – This clinic will be designed for those planning to try out for high school or travel teams. We will show you lots of hitting drills to increase your speed and your power. You will get lots of swings in! You'll also work on defense and fielding drills, specific for your position. Get that extra help so you're ready for tryouts.

Note: this clinic is for girls currently in grades 9 -12 only please.

Sat, Feb 13, 4:00-5:30 – Catchers Clinic – Lots of work on blocking, framing, throw downs, game strategies. All ages and skills welcome. You must bring your own gear.

Clinics will be held at Oak Hills High School, 3200 Ebenezer Rd, 45248

Cost is \$35 per session, checks payable to: Oak Hills Athletic Boosters

Complete this form and Medical Release and return both forms plus payment to the address listed below. All confirmations will be done via email

Player's name _____ Grade _____
Address: _____
City, State, Zip: _____
Home Phone: _____ Parent cell phone _____
Email address (mandatory for confirmation) _____
Primary playing position _____ T-shirt size YL S M L XL

- _____ Sun, Feb 7, 900 - 1130 – Offense Skills (gr 1-5)
- _____ Sun, Feb 7, 1230 - 300 – Offense Skills (gr 6-12)
- _____ Sun, Feb 14, 900 - 1130 – Defense Skills (gr 1-5)
- _____ Sun, Feb 14, 1230 - 300 – Defense Skills (gr 6-12)
- _____ Sat, Feb 13, 200 - 400 – Advanced High School Clinic (gr 9-12)
- _____ Sat, Feb 13, 400 - 530 – Catchers Clinic (gr 1-12)

Mail form and payment to:

Cornelius Softball Clinics, 4472 Hidden Oaks Ln, Hamilton, OH 45011

QUESTIONS?

See www.oakhillssoftball.com, email oakhillssoftball@gmail.com, or phone 703-6109

INSTRUCTOR INFO –

Jackie Cornelius-Bedel – Coach Cornelius-Bedel graduated from Cleveland State University where she was a 4 yr starter (catcher) and received a full scholarship. She played for and coached a European National Team and played for the Michigan Ice Professional Team. She has coached at the high school level in Cincinnati for 9 years (4 yrs at Mount Notre Dame, 5 yrs at Oak Hills). She has been named Coach of the Year for both GGCL and GMC leagues.

Many of the area's top players have attended her clinics and/or have taken lessons from her. Several of Coach Cornelius-Bedel's students have gone on to the play at the college level.

OTHER INSTRUCTORS (depending on the particular clinic) from Florida State University, Miami University, University of Kentucky, Ohio University, Northern Kentucky University, Wright State University, Thomas Moore College, Otterbein College, among others.

Release of Legal Guardian on Behalf of Minor - Softball Camp

The undersigned, on behalf of

A minor whose birthday is

and for whom the undersigned is the natural of legal guardian, hereby releases the Oak Hills Athletic Boosters and the Oak Hills School District, its administrators, coaches, and employees from any and all liability of whatever nature relating to or in any manner arising out of the use by such minor of the Oak Hills School District facilities. Furthermore, the undersigned agrees to indemnify and hold harmless the Oak Hills School District, its administrators, employees, and coaches, from any suit or other legal proceeding, including, but not limited to, attorneys' fees with respect to the use of the facilities or any part of them by the minor named above. This release and indemnification shall be binding upon the personal representatives, heirs, and assigns of the undersigned and of the minor named above.

I acknowledge that I have read the foregoing paragraph, that I understand it, that I have the option to have it reviewed by legal counsel prior to signing, and that I agree to it.

Signature of Parent/Guardian Date