

Dear Parents and Athletes,

Mercy Health has been working hard the past few months to keep your community safe and healthy. In the midst of this pandemic, the health and safety of your athletes and our staff are of outmost importance. Below are the outlined changes that will occur in the training room and on the field injury management for the immediate future. Adjustments will be made as necessary.

- Only one athlete per athletic trainer will be allowed in the training room.
- Our athletic trainers will be in medical masks and eye shields. Gowns will be available if necessary.
- Athletes will only enter the training room with a medical mask on provided by Mercy Health.
- Training room access will be limited to
 - Athletes with injuries
 - Athletes with a medical emergency
 - Athletes requiring wound care
- Athletic trainers will **NOT** be able to provide treatments, taping or rehabilitation at this time. Should your athlete need any of these, alternate arrangements will be made.
- Water bottles, cups and other water hoses will not be available for use. Water must be brought from home.
- Athletic trainers will have PPE prepared to treat athletes' injuries on the field. Athletic trainers will maintain a 6-foot distance unless the injury requires them to be closer. If this is the case, proper PPE and safety measures will be taken to treat the athlete appropriately while protecting both parties.

Should you have any questions or concerns about any of these procedures, please contact Lisa M. Sweeterman, Director of Sports Medicine at lsweeterman@mercy.com. The above procedures will adjust as policies at the state and national level dictate.

Sincerely,

Your Sports Medicine Staff

John Zisko, MD Harrison Team Physician James Budde, ATC Harrison HS Athletic Trainer jpbudde@mercy.com Abby Walters, ATC Harrison HS/MS Athletic Trainer awalters1@mercy.com