ELDER LACROSSE

Week 1 Practice Schedule

|  |  |  |  |
| --- | --- | --- | --- |
| Monday | 2/19 | 5:00 – 6:30 PM | In The Pit |
|  |  |  |  |
| Tuesday | 2/20 | 6:00 – 7:00 AM | In the Fieldhouse |
|  |  | After school, weight training | |
|  |  |  | |
| Wednesday | 2/21 | 6:00 – 7:00 AM | In the Fieldhouse |
|  |  | After school, weight training | |
|  |  |  | |
| Thursday | 2/22 | 6:00 – 7:00 AM | In the Fieldhouse |
|  |  | 5:00 – 6:00 PM | In the Pit |
|  |  |  |  |
| Friday | 2/23 | 5:00 – 6:30 PM | In the Pit |
|  |  |  |  |
| Saturday | 2/24 | OFF |  |
|  |  |  |  |