

THE WRESTLING INSTITUTE West Coast Granby Camp

June 19th-21st 2019

Middleton Tennis & Sports 800 2nd Ave Middleton OK, 45044

\$150



Featured Clinician-Coach Jon Sioredas



regulatorswrestlingclub.com
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Jon Sioredas

AS A COACH:

• CAL POLY	Head Coach	2016 – Present
• GRAND CANYON UNIVERSITY	Head Coach	2015 – 2016
• TENNESSEE CHATTANOOGA	Assistant Coach	2012– 2014
• OLD DOMINION UNIVERSITY	Assistant Coach	2006 – 2011

AS A CLINICIAN:

- Martin's Granby School of Wrestling
- Terry Brands' Wrestle the World Training Camps
- University of Missouri Wrestling Camps
- Old Dominion University Wrestling Camps
- University of Tennessee at Chattanooga Wrestling Camps
- NHSCA High School Nationals
- United States Southeast Regional Training Center
- Oklahoma Coaches Clinic
- Team Michigan Fargo Training Camp

AS A COMPETITOR:

• University of Tennessee @ Chattanooga	Varsity Wrestler	(All-American 2005) (Athletics Hall of Fame 2012)
• University of Missouri	Varsity Wrestler	
• Great Bridge High School % 2000 (#1 ranked public school team in the US)	Varsity Wrestler	(Virginia State Champion) (All-American -National Champion) (181 High School Wins)



Granby Style

Coach Sioredas was born and raised in the Granby system, he can teach you how to do just that.

Trained by the most successful High School Wrestling Coach in History Billy Martin Sr. Coach Sioredas spent hours Learning Drilling and mastering the Techniques that compose the Granby System.



The Granby System of wrestling will teach you how not only to score on bottom but score big points on top notch opponents with regularity. Regardless of your skill level, after being exposed to this unique system of bottom wrestling you will have the confidence to take opponents for 2, 4 or 5 point moves in close matches.

A Quick Note

We started this eleven years ago with one camp. Before taking over at Cal Poly, we were conducting twenty plus camps across fifteen states. Our passion and systematic approach has helped us grow this into something special. We now offer limited number of satellite camps across the country, mostly during summer months.

Our goal is to make sure that each camper gets the most out of his or her experience. We are fortunate to have a staff that we consider family. We truly enjoy working with people and love the sport of wrestling. We work with state championship programs, growing programs, and beginners of all ages.



[From Coach Pederson](#)

"I would rate Jon Sioredas as the best wrestling camp clinician we have had due to his enthusiasm, dynamic delivery, superior enunciation, skill knowledge and the unique connection he builds...

VINCE PEDERSON,

Sioux City East, IA

[From Dominic D'Emilio](#)

I believe you are one of the best clinicians I've been around. Been to over 30 camps and you've done several things that separate you from the pack. Continually reviewed...

DOMINIC D'EMILIO,

Toledo, OH

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Regulators Wrestling Club
At the Regulator Wrestling Club, our coaches help athletes, from kindergarten through 12th grade, develop wrestling skills through hard work, sportsmanship, and accountability. Wrestling combines coordination, critical thinking, athleticism and strategy to build self-esteem, mental skill, teamwork and learn more about wrestling, and how we can work with your student athletes.



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