

Student Bowling Meeting

- 1) Beginning of Season – 11/04/18
 - a) Tryouts should be the first week of November. There will be 2 days, students are required to attend 1 day, but should try to attend all both.
- 2) Open Bowling – 3:30pm – 5:00pm
 - a) Students are not required, but are encouraged to utilize open bowling times at Eastern. They usually have open lanes from 3:30 – 5:00pm, M – F. This would be a great time to practice before tryouts begin.
- 3) Conditioning/Tryouts – 10/15/18
 - a) Conditioning will begin on 10/15/18 and will take place on 10/15, 10/22, 10/29, 10/31 from 3:30pm – 5:00 pm. These are not required but are encouraged.
 - b) Students can also use this time to get bowling balls, other bowling accessories necessary for the season.
- 4) JV and Varsity – **AT MOST** 8 spots
 - a) Assuming there is enough interest, both the men and women teams will have a Varsity and Junior Varsity team. Teams will have a **maximum** of 8 players, with certain students (potentially) having the ability to float between teams.
 - b) This sport may cut, depending on interest.
 - c) If there is not enough interest, there may only be a Varsity OR Junior Varsity teams.
- 5) Practices, Matches, and Tournaments
 - a) Attendance – Practices will take place multiple days and on a weekly basis. Students should attend the majority of all practices and matches. If students do not attend, their play time during matches and tournaments will be directly affected.
 - b) Small Practices – This year some of our practices will be considered “small practices” where we **ONLY** work with JV or Varsity. Please pay attention to the schedule as to when **you** need to attend.
 - c) Ride Sharing – If students are unable to drive/need a ride somewhere, please ask teammates! You can send out emails on final forms to look for rides. Lack of a ride is **NOT** an excusable absence for practice/matches/tournaments.
 - d) Matches/Tournaments – There will be numerous matches and 2 – 3 tournaments during this season. We will get the schedule to you ASAP after tryouts. This information will also be available on final forms.

6) Polos/Jerseys

- a) At matches, students should wear the required bowling polo with their school khaki pants or skirts. Until the jerseys are ordered and in, students should wear their school polo.
- b) Students not in the correct uniform will not be able to play during matches.

7) Goal Setting/Goal Checkups

- a) This year the bowling coaches will be helping the team members set goals for themselves to accomplish. There will be periodic check ups on these goals throughout the season, and an end of season follow up.