



GIRLS SOCCER

NAME:

PLAYER DOB:

GRADE:

Explain a little bit about yourself, without using the word "soccer".

When did you begin playing soccer and why?

Describe your biggest struggles.

How do you want to be remembered as a person?

How do you know your coach cares about you? What are you looking for in a coach? What is important to you about a team?

Choose three performance (character skills that govern your relationship with yourself) and three moral (character skills that govern your relationship with others skills):

PERFORMANCE		MORAL	
Hardworking	resilient	unselfish	loyal
Competitive	confident	honest	trustworthy
Positive	enthusiastic	respectful	encouraging
Focused	disciplined	appreciative	socially aware
Accountable	motivated	humble	caring
Courageous	creative	patient	empathetic

Do you think these skills can be developed? Y N

Think about the performance skills you chose- if you developed these would it make you a better player? Y N

Think about the moral skills you chose- if you develop these would it make you a better player? Y N

Do you see how if you grew these skills it would actually make you a better player and a better teammate, which would lead to better results? Y N

Relive your best individual achievement- how long did that last? Can you choose a symbol to describe it, why?

What do you want to do after high school?

Write a letter to soccer as if it were a person. Explain how it has impacted you- good and bad.

Please feel free to share anything else you'd like to include about yourself here: