



Girls Lacrosse
Spring Season 2021

Coaching Philosophy

Our goal as coaches is to mold our student athletes into respectful, hardworking, positive leaders who will go far in life with the lessons they learn. Our coaching staff will focus on building character, promoting good life choices and being a champion both on and off the field.

Our program goal is to win the league championship and make a run in the State Tournament. Individual goals will be chosen by the player and evaluated by the coaches. By achieving individual goals, the team as a whole, wins. I believe that a strong defense wins games. All players will be expected to know all positions, except for goalie.

Our keys to a successful team are discipline, unity, character, effort, and communication. Those are the standards we will teach, and my teams will possess. Before we can get any results from our team, we must prioritize the person, the student and finally the athlete.

Coach Directory

Andy Guyler, Head Coach andy.guyler@gmail.com

Marie Marchetti, Assistant Coach mmarchetti3@yahoo.com

Taylor Swartz, Assistant Coach tswartz1037@gmail.com

Playing Time

Your daughter's playing time is determined solely by the coaches. It is determined by that player's ability, attitude, commitment, and effort. Playing time is not a right, and it is **EARNED** by those factors alone. Playing time will not be equal. If a player would like to discuss her playing time, she can always speak with her coaches about it. We, as a coaching staff, are always open to discussing with a **PLAYER**, why she is playing as much as she is and what she can do to **EARN** more playing time.

Our philosophy as a program is production over talent. No conversations will be held with parents before a conversation has occurred with the player. At no time will parents and coaches engage in discussions about game strategy, playing style or other coaching decisions, and under no circumstances will another player, besides your own, be discussed. If you feel it is necessary to speak with your daughter's coach, the player must be in attendance for this discussion as well. No conversations about playing time will be had over the phone or in email. Those may only be used to set up a meeting with your daughter's coach. We also ask that you abide by the 24-Hour rule outlined below to prevent emotions from influencing the conversation.

24-Hour Rule

Any conversation with your daughter's coach about playing time cannot be had within 24 hours of the completion of a game. This is to protect the coaching staff as well as parents from letting emotions guide their words. Time to reflect upon these sorts of things usually leads to more productive conversations. Approaching your daughter's coach immediately following a game will not be allowed.

Players Roles

We will meet with every player in the program before the first game of the season and give them clear expectations of their role on the team. Player's roles can decline or expand, and we will always be very clear and upfront, so there is never any confusion where that player stands in the program.

Missed Practice Policy

Practices missed for family reasons must be communicated with your daughter's coach. Missed practices are only excused for medical reasons (must have a doctor's note), or family emergencies. Even if you are injured you are still expected to attend practice. Any missed practice, for any reason, must be communicated to your coach ahead of schedule, if possible. A missed practice deemed unexcused will be dealt with by that player's coach. Unexcused absences will result in reduced play time or missed play time for chronic absences.

Player Expectations

- Give 100% effort in the classroom, both with studies and behavior.
- Be present and on time for all practices and games.
- Give 100% effort during practices and games.
- Be respectful of teammates, officials, parents, and coaches at all times.
- Be an ambassador for our team in school, on the field, and in public at all times.

Parent Expectations

- Understand the process.
- Be positive: towards players, coaches and referees.
- Encourage TEAM attitude and effort above playing time and points scored.
- Support the coach and be loyal to the coaching staff.
- Resist shouting directions from the stands.
- Encourage your daughter to communicate to the coach and handle problems. Players determine playing time in practice not parents.
- Understand we expect commitment.
- Parents do not come into the locker room unless told otherwise.
- Parents do not come into practice unless told otherwise.
- Enjoy this season.

***Athletic participation and attendance at sporting events is a privilege not a right. In the event that any student, athlete or parent abuses this privilege due to inappropriate behavior at any home or away athletic event, the athletic director or school administrator reserves the right to revoke these privileges temporarily or permanently.**

Transformational Purpose

Your lacrosse coaching staff commits to creating a family atmosphere within our program. We will accomplish this by teaching the value of empathy, helping each other through hard times, celebrating our successes, and learning from our failures. We will value service to others, giving each other our best effort, and having fun playing this great sport.

Volunteer opportunities

We have several positions that we need help with. If you have time and can help out, please let us know. The following are needed for each home game.

- Concession stands <https://www.signupgenius.com/go/20f0b4fa5a628a6ff2-concessions>
- Game Clock
- Game Stats
- Videographer
- Announcer

Covid-19 Protocol

Requirements for Players:

- Conduct daily symptom assessments before each practice or contest.
- No congregating before or after practices or a game is permitted.
- Do not share equipment, towels, facial coverings, water bottles, other drinks or food. If equipment must be shared, proper sanitation must be performed between users.
- All those on the bench shall observe social distancing of 6 feet.
- Players who are not on the field and all bench personnel shall wear facial coverings.

Requirements for Team Bench Areas:

- Twenty two (22) players may be in uniform for each game.
- The players in uniform must be entered into the Official Scorebook per NFHS Rules and also submitted on the Official Line-Up Sheet.
- The twenty two (22) players may be changed from game to game throughout the season. The names and numbers of the players must be given to the official thirty (30) minutes prior to each game.

Recommendations for Parents:

- Make sure your child and immediate household members are free from illness before attending practice or competition (if there is doubt stay home).
- Educate yourself on the risks and benefits of athletic participation in the time of COVID and ensure you and your athlete are aware of the guidance surrounding athletic events.
- Provide personal items for your child and clearly label them.

Requirements for Spectators:

- Conduct daily symptom assessments before each contest.
- No congregating before or after practices or games are permitted.
- Six-feet social distancing must be maintained between individuals/family groups.
- Facial coverings are required unless exceptions can be met as listed in Ohio Health Director's Sports Order.

A Note on Public Health Issues:

The Centers for Disease Control and Prevention, Ohio Governor, Ohio General Assembly, Ohio Department of Health and/or the local health district will offer guidance as to whether to close a school or university due to a public health issue. Local decisions can also be made by the local health authority or each board of education/governing board.

Help Links *These resources are provided to guide operations during this Covid-19 pandemic.*

- Ohio Department of Health – Coronavirus (COVID-19):
<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/>
- Centers for Disease Control – Coronavirus (COVID-19): <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

- National Athletic Trainers Association – Coronavirus (COVID-19):
<https://www.nata.org/practicepatient-care/health-issues/covid-19-coronavirus>
- Centers for Disease Control and Prevention Emergency Preparedness and Response:
<http://emergency.cdc.gov/planning/>
- Centers for Disease Control and Prevention Preparedness for All Hazards:
https://www.cdc.gov/phpr/documents/ahpg_final_march_2013.pdf
- Ohio Department of Health Guidelines and Publications:
<https://odh.ohio.gov/wps/portal/gov/odh/home/>